

Sophomore Class of 2026

Worthington Kilbourne High School



August 2023- May 2024

Welcome to Sophomore Year at WKHS

Parents and students will find this sophomore packet helpful as it contains information needed through the year and it is to be used as a reference. It is still your responsibility to check for updates and current information. Information will always be posted on the counselor website at: www.wkhs counselors.com.

Counselor Information

If you have any concerns, please contact your designated school counselor so that we can try to help. The Counseling Center staff values the partnership of working together to help create a positive and supportive educational experience for every student. Throughout the year we will provide additional information and updates on the counselor website and in the weekly WKHS newsletters.

Please be aware that we have added a 5th counselor and the alphabet break down for counselor's has changed. Please review the counselor's assigned alphabet split below.

Student Last Name:	Counselor	Email	Voicemail
A-Co	Brianna Abbott	babbott@wscloud.org	614-450-6490
Cr-He	Sarah Schnell	sschnell@wscloud.org	614-450-6484
Hi-Mi	Lauren Himmel	lhimmel@wscloud.org	614-450-6456
Mo-Se	Erica Mann	emann@wscloud.org	614-450-6487
Sg-Z	Molly Lord	mlord@wscloud.org	614-450-6491

Parent Information:

Contacting Counselors

The Counseling Center's office hours are Monday through Friday from 7:45am to 3:30pm. Every effort is made to return phone calls within 24 business hours. We may not always be able to do this during busy times, but we'll do our best. In particular, please be patient during the first 5 days of each semester and during registration weeks. You may also contact us using e-mail. Please remember that each counselor is responsible for approximately 325 students, so setting up appointments prior to stopping into school is helpful and strongly recommended.

Updates and Information

The Counselor website is the primary method we will use to communicate updates with parents. Please note that we will not be using Remind as a tool to pass out information to parents so you do not need to sign up for Remind. **Additional timely information will be communicated in our Counselor Connection Monthly Newsletter and Kilbourne Weekly Building Newsletters.**

Lunch and Learns

Throughout the school year we will host brief meetings over zoom to dive deeper into topics of interest for parents. These meetings will run from 12-12:30pm and the zoom link will be sent via email and will also be posted on the Counselor website on the morning of each lunch and learn session. Below are the anticipated dates and topics for this year's lunch and learn sessions.

- Friday, September 15 Study Skills
- Friday, October 13-Scholarships
- Friday, November 10-Career Fit
- January 19, 2024-Grad requirements
- March 1, 2024-Stress Management
- April 12, 2024-Understanding GPA
- May 3, 2024-Perfectionism

Remind Codes for Students

Counselors will use Remind with students to facilitate appointments. As a result, we ask students to sign up for Remind so that you can send/ receive messages from your counselor about meeting appointments.

To sign up by text message, text your code to 81010

Ms. Abbott (Last names A-Co) @2026Abbott
Mrs. Schnell (Last names Cr-He) @26Schnell
Mrs. Himmel (Last names Hi-Mi) @2026Himmel
Mrs. Mann (Last names Mo-Se) @2026EMann
Mrs. Lord (Last names Sg-Z) @2026Lord

Dates to Remember

- First day for Juniors: August 17th
- WKHS Meet the Teacher Night: August 23rd
- Junior College Information Night: October 3rd - while this night is primarily targeted for juniors, younger students and parents are welcome to attend for an early preview
- Columbus Suburban College Fair at Otterbein University: October 8th
- PreACT: November 9th
- Delaware Area Career Center field trip: November 17th
- Curriculum Night: January 25th

Sophomore Year Checklist

- ☐ Create and/or update your resume of high school activities- sports, community, club, volunteer, church, scouts; list dates/years of participation, roles/leadership, average hours per week. Continue to add to this each semester.
- ☐ Register for and take the PreACT in November at WKHS for practice on the college entrance ACT exam.
- ☐ Get involved in extracurricular activities.
- ☐ Select a challenging curriculum. What is challenging for you may be different than what is challenging for your peers.
- ☐ Review your [course planning guide](#) and goal set for the next two years. Use your planning guide to support goal setting.

Delaware Area Career Center

Sophomore students have a wide range of academic options available to them as they enter their junior year. One of those opportunities is the Delaware Area Career Center (DACC). Students who attend DACC are still WKHS students and can continue to participate in sports and other co-curricular activities at Kilbourne. DACC provides a way for students to earn their elective credits in programs that are more hands-on in nature and are in particular areas of interest for students. The remainder of the core academic classes are completed at WKHS or, if the student prefers, at DACC.

Admission to DACC is competitive and requires an application for consideration. DACC asks students to participate in the field trip prior to applying in order to help provide information to assist students to make sure that the students know what to expect in the various programs. An information session about DACC and subsequent field trip will take place in the fall.

High School Academic Reminders

Student Success

A new year provides a fresh opportunity for students and parents to focus on academic success. Suggestions to help make sure students have a successful year include:

- Check Infinite Campus on a regular basis. Parents and students keeping track of current grades in courses help to make sure that goals are being achieved in classes.
- Seek help from teachers by asking questions in class or meeting 1:1 with your teacher for extra assistance when you don't understand material being covered in class.
- Seek support from the Academic Assistants in the Teaching and Learning Center. The Teaching and Learning Center (TLC) is located in Room 209 and 4 Academic Assistants (one for each core content area) are in the TLC all day to help support students in reviewing material, studying for tests, and assisting with homework questions. This is free of charge and an incredible resource for our students.
- Participate in parent/ teacher conferences. Both students and parents can attend conferences.

Student Course Load/ Co-Curricular Eligibility

The typical student course load is 5 to 7 classes per semester. 6 classes are recommended for all underclassmen and at least 5 classes are recommended for seniors, although many seniors take more in at least one semester.

Students who plan to participate in co-curricular activities (such as athletics, theater, music, Mock Trial, etc.) need to plan their course load to ensure they are earning sufficient credits each grading period to remain eligible to participate during the next grading period. This means that, among the courses they are taking, they must be passing five courses, each of which carry ½ credit for the semester. All Wellness for Life classes do **not** count toward eligibility. Please see your counselor or the Athletic Director if you have any questions.

Pass/ Fail Courses

Students may elect to take certain courses on a pass/ fail basis. To select this grading option:

- Check the Course Planning Handbook to see if the course allows for a pass/ fail option
- Obtain the pass/ fail form from the Counseling and Career Center
- Complete the form, including parent's signature
- Return form to Counseling and Career Center within the first 6 weeks of the semester

Advanced Course Level Changes

As a reminder, all students who are enrolled in honors, AP or IB classes which require summer work must complete their assigned [summer assignments](#). These assignments are available on the counselor website as a reference. If a student decides that he/ she wants to change their level (out of an AP or Honors class and into a regular class) he/ she is still responsible for the summer assignment as the grade will carry over and be included in their regular course level's class.

Dropping a Course

To drop a course without receiving an "F" on the final transcript, all students must drop the course, through their counselor, within six weeks of the beginning of the semester. After 6 weeks, students that drop a class would have an "F" on their transcript and included in the determination of their grade point average.

Graduation requirements

The Graduation requirements for students are established by the State of Ohio and include requirements related to the classes they take and additional requirements to demonstrate competency and readiness. Detailed information about the graduation requirements is available at: <http://www.wkhscounselors.com/index.php/graduation-requirements>

Additionally, all students and parents are encouraged to review your transcript on Infinite Campus and the Graduation Summary Sheet is on the Worthington Portal in the Student Graduation Status tab which shows progress towards competency and readiness requirements.

Counselor Website

We work to provide a website with a wealth of information for WKHS students and parents related to your academic, college/ career and personal/ social needs. The website is www.wkhscounselors.com and we strongly encourage you to visit the site frequently for updates and timely information. Examples of information available on the WKHS Counselor website include upcoming dates, forms you can download related to college applications, credit flexibility resources, scholarships, and resources of support.

www.wkhscounselors.com